

A hand-drawn illustration of a roll of paper, possibly a toilet roll, with a dark grey core. The paper is unrolled and has two sections of text. The top section is separated from the bottom section by a dashed line. The background features several large, soft-edged circles in light pink, light green, and light blue.

Let's talk about constipation

Knowing the signs,
and what to do,
could save lives.

If you care for someone with a learning disability experiencing constipation, arrange an appointment with their GP surgery as soon as possible.

Scan the QR code for more information and resources.

